

Introduction: Psychology

Section Editor: Ramona Rusu

Associate Editors: Truly Camies, Elvis Delibashi, Zoe Moore, Kathleen Richmond

Correspondence Address: Ramona Rusu, BSc Student, University of Buckingham.

Email: 1301642@buckingham.ac.uk

The Psychology section is excited to bring you some of the latest and exciting research by students from the University of Buckingham Psychology Department. We have collected a fascinating section of papers which address a wide variety of subject areas and shall hopefully relieve some interesting and unique research points. In this Edition, Leonardo Lightbourne, suggests how happiness has declined over the past few years and investigates how material well-being, amongst other factors, may not be conclusive when evaluating happiness. In his investigation Lightbourne assesses how a holistic evaluation of happiness should comprise of a variety of factors such as well-being, spiritual well-being, personality, self-actualisation, self-esteem and the experience of weird coincidence. Taking these factors into consideration Lightbourne suggests how self-actualisation is significantly related to happiness and further suggests how a border approach to measuring happiness ought to occur. In another article, Truly Camines writes on the relationship between personality traits and the qualities of leadership through the use of exploratory factor analysis. The article identifies and addresses underlying trait differences between leaders and followers. Through her investigation, Camines suggests how four distinct factors related to leaders are in operation: active experiencers, passive experiences, active risk avoiders, and self-oriented. Finally, Vanessa Whiteley investigates personality through differences in monolinguals and bilinguals and establishes how relocation, leisure, and employment contribute towards learning and speaking new languages.

Whether you hope to publish or you are just passionate about happiness and personality, Independent Student Journal Psychology section intends to create a friendly and supportive environment, which seeks to encourage and facilitate high quality research. As mentioned, the articles in this issue are provoking, so we invite you to read them with an open mind.